

Fostering hope through education, creating freedom through employment, improving lives through therapeutic massage.

What is The African Touch?

The African Touch is a registered Canadian charity that provides individuals with training in the skills of massage therapy, and with support to obtain and sustain employment in their African communities.

How does it help?

Massage therapy is an employable skill that is proven to lift people out of poverty across Africa. Past students now have jobs in spas and hotels, some having increased their income by up to 500 percent.

What's new?

We are set to open the first and only internationally recognized massage school in Uganda. Curt and Sandy Chambers, a couple from the Okanagan, will move to Uganda with their 2-year-old son Reace to launch this project and run the school. The long-term African Touch goal is to create a certified, Ugandan-run, self-sustaining school for massage therapy.

How can you help?

The project is ready to launch, we just need to raise a bit more money. We would love your support—it would go a long way toward lifting people from poverty in Uganda. Cheques can be mailed to the address below; all donations are tax deductible.

How will you benefit?

Ideas for recognition include: mention of your support on our news feed, a thank you in our newsletter, or your logo on our website. Plus we are happy to brainstorm!

Thank you for considering supporting us—this project couldn't happen without your generosity.



African Touch founder, Yvonne Poulin, with program graduate Asha Chatibu. Asha is blind, and before learning the skills of massage therapy, she didn't think she would ever find work in her community. Today she is a happy, paid, skilled, massage therapist in Tanzania.



African Touch students in action. Students come from impoverished backgrounds, and with their new skills are able to find high-paying employment at African spas, hotels, and health centres.

“To me it's an absolute stunning shining truth that we can make a transformational difference in people's lives through this basic education.” - Yvonne Poulin